



BODY SCULPTING & JAZZERCISE CLASSES

March 6, 2006 - June 19, 2006

STARTING - March 6, 2006
LOCATION - Building 1 Cafeteria

COST - (Your Choice)

NOTE: If you can only attend one (1) of the day's offered – we can accommodate

- \$ 60 BODY SCULPTING - **(Class Starts: March 6)**
- \$ 60 JAZZERCISE - **(Class Starts: March 13)**
- \$110 Both Classes
- \$ 3 Annual Dues
- \$ 5 WALK-INS (per class)

CLASS SCHEDULE - (Monday's & Thursday's)

- Body Sculpting - M/TH 4:30 pm - 5:30 pm
- Jazzercise - M/TH 5:30 pm - 6:30 pm

- ⇒ Please Bring Water
- ⇒ Please Bring A Mat And/Or Towel
- ⇒ Please Wear Comfortable Clothes
- ⇒ Please Wear Supportive Shoes
- ⇒ Light Weights Recommended

REGISTRATION TAKES PLACE PRIOR TO THE START OF CLASS.

THERE WILL BE 28 CLASSES CONDUCTED FOR EACH CLASS OFFERED. FOR FURTHER INFORMATION, CONTACT TERRI LYNNE HYNSON ON 301-286-8536 OR E-MAIL TERRI.L.HYNSON.1@GSFC.NASA.GOV

